

Step 2: Choose a Session

Please rank your session preference

Session ____1st choice ____2nd choice

- #1 March 20 - April 7 3 weeks \$385
make up classes April 10, 11, 12
- #2 April 17 - May 5 3 weeks \$385
make up classes May 8, 9, 10
- #3 May 15 - 19 1 week \$150
no make up classes
- #4 May 22 - May 26 1 week \$150
no make up classes
- #5 June 5 - June 23 3 weeks \$385
make up classes June 26, 27, 28
- #6 July 10 - July 28 3 weeks \$385
make up classes July 31, Aug 1, Aug 2

Step 3: Choose a Time

Rank your top 5 choices

- ____ 9:00 - 9:30 ____ 2:10 - 2:40
- ____ 9:40 - 10:10 ____ 2:50 - 3:20
- ____ 10:20 - 10:50 ____ 3:30 - 4:00
- ____ 11:00 - 11:30 ____ 4:10 - 4:40
- ____ 11:40 - 12:10 ____ 4:50 - 5:20
- ____ 5:30 - 6:00

Step 4: Liability Release

I, the undersigned parent or legal guardian of a minor child under 18 years of age, consent to my child participating in Miss Anna's Swim School and understand that my child will be engaging in physical activity during the swim school which contains inherent risk of physical injury. I represent that my child is in good physical condition and is able to participate fully in Swim School activities. I assume the risk and release and hold harmless Miss Anna's Swim School, Ameridive LLC and Boost FitClub and their officers, agents, employees, contractors, including all persons employed or hired by Miss Anna's Swim School, Ameridive or Boost FitClub from any and all liability for personal injury or property damage arising out of my child's participation in the Swim School.

Parent Signature

Date

Step 5: Payment

Please make checks payable to:
Miss Anna's Swim School and mail along
with the completed application to:
Elizabeth Slattery
Miss Anna's Swim School
311A 54th Ave. North
Nashville, TN 37209

You may also email your completed application and make payment via PayPal at missannasswimschool@gmail.com or Venmo at [missannasswimschool](https://venmo.com/missannasswimschool).



Miss Anna's Swim School provides a comprehensive three-week swim program for children beginning at age two. These small group classes meet daily, Monday through Friday, for 30 minutes each day. Students are grouped according to skill level and age.

All sessions are offered at Boost FitClub, 11 Vaughn's Gap Road, Nashville. The Boost FitClub heated saline pool is enclosed through the winter and spring and open air in the summer. The Boost pool closes for thunder and/or lightning, so we have three make up days scheduled at the end of each three-week session to allow for classes missed due to weather.

One-week sessions will be held in late May and are ideal for children preparing for summer swim teams. Beginner swimmers are only eligible for one-week sessions when also enrolled in a three-week session. There are no scheduled make-up classes for the one-week sessions.

Please complete the application and return it promptly to ensure your spot in class!

Elizabeth Slattery
missannasswimschool@gmail.com

Level I Beginner (age 2 - 5)

Level II Advanced Beginner (age 3-5)

Description: Our approach in teaching young beginners to swim is one of encouragement and development. Our primary goal with first year students is to teach a child how to return to the side of the pool safely if he or she should fall into the pool. Advanced Beginners will learn to swim 8 to 10 feet independently and take a breath.

Prerequisites and Class Size:

Age 2 by March of current year

4 to 5 students

1 teacher and 1 assistant

Three weeks required

Advanced Beginners are children who have taken the Level I course but are not quite ready for Intermediate classes due to age or swimming ability.

Level III Intermediate (age 4 - 7)

Description: The Intermediate program focuses on fundamentals, including proper breathing, kicking and form to ensure success as the student progresses to learn strokes.

More experienced and older Intermediate students are taught diving, freestyle, backstroke and breaststroke.

Prerequisites and Class Size:

Age 4 by March of current year

Completed at least one Beginner class

4 to 5 students per class

1 teacher and 1 assistant

Three weeks required

Some older students should consider enrolling in Level III classes if they have little or no formal swim lesson experience.

Level IV Beginner Advanced (age 5-8)

Level V Advanced (age 8 - 10)

Description: These classes teach all strokes including freestyle, backstroke, breaststroke and butterfly, as well as diving, racing starts and turns, and treading water over the course of a three-week lesson plan. In addition to technique, these classes build a child's endurance, perseverance, confidence and love of swimming. We have found that many children perform well on swim teams following this training.

Prerequisites and Class Size:

Age 5 by March of current year

Able to swim 15 yards using proper arm strokes, kicking and breathing

Able to float on back

5 to 7 students in class

1 instructor and 1 assistant

May enroll in one, two or three weeks

Additional considerations: Advanced classes are best suited for children ages 6 to 10 with several years of formal swim lessons.

Advanced swimmers may enroll for one week (\$150), two weeks (\$290) or a three-week session (\$385). Students who sign up for one or two weeks often want to take a full session in order to gain strength, endurance and skills.

Additional Courses Offered:

Private lessons, Youth Beginner (age 6 - 17)

Adult Beginner/Novice

Step 1: Student Information

Name:_____

Age:_____. DOB:_____ M/F:_____

Parent's Name:_____

Address:_____

City/State/Zip:_____

Cell Phone:_____

Home/Work Phone:_____

Email:_____

School or MDO:_____

Previous Swimming Experience

Date of last lesson:_____

With Miss Anna's or other program:_____

Swimming Level

Circe one: I Beginner II Adv Beginner

III Intermediate

IV Beginner Advanced V Advanced

Detail your child's swimming experience (e.g puts face in water, will go under, etc.):

Detail any concerns or suggestions regarding your child's class placement:

Contact Elizabeth Slattery at 615-308-0209 or missannasswimschool@gmail.com with any questions.