

STEP 3: STUDENT INFO

Name: _____

Age: _____ DOB: _____ Male/Female _____

Parent's Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ (Home/Work)

Phone: _____ (Cell)

Email: _____

School or MDO Program: _____

PREVIOUS SWIMMING EXPERIENCE

Date of last lesson: _____

Taken w/ Miss Anna's: _____ (Y/N)

SWIMMING LEVEL

Circle One: I - Beginner II - Adv. Beginner
III - Intermediate IV - Beg. Advanced
V - Advanced

Detail your child's swimming experience (e.g. puts face in the water, will go under water, etc.)

Detail any concerns or suggestions regarding your child's class placement:

Contact Elizabeth at 615-308-0209 or missannasswimschool@gmail.com with any questions.

STEP 4: Liability Release

I, the undersigned parent or legal guardian of a minor child under 18 years of age, consent to my child participating in Miss Anna's Swim School and understand that my child will be engaging in physical activity during the Swim School which contains inherent risk of physical injury. I represent that my child is in good physical condition and is able to participate fully in Swim School activities. I assume the risk and release and hold harmless Miss Anna's Swim School, Ameridive LLC, and Boost FitClub and their officers, agents, employees, including all persons employed or hired by Miss Anna's Swim School, Ameridive or Boost FitClub from any and all liability for personal injury or property damage arising out of my child's participation in the Swim School.

Parent or Guardian

Date

STEP 5: PAYMENT

Please make checks payable to Miss Anna's Swim School and send the completed application with your check to:

**Elizabeth Slattery
Miss Anna's Swim School
311A 54th Ave. North
Nashville, TN 37209**

You may also email the application and pay by PayPal at missannasswimschool@gmail.com.

Referral

Please list the names and contact info of any friends who may be interested in swim lessons:



Miss Anna's Swim School provides a comprehensive three-week swim program for children, beginning at age two. Classes meet daily, Monday through Friday, for 30 minutes and include a 4:1 student/teacher ratio. Students are grouped according to age and skill level. *Please note new class times to allow for 10 minutes passing between classes.*

All sessions are offered at Boost FitClub, 11 Vaughn's Gap Rd., Nashville. The Boost FitClub pool is a heated, saline pool enclosed through the spring and open air in the summer. Our make-up policy provides three make-up days at the conclusion of each three-week session to allow for classes missed due to weather.

One-week sessions will be held May 16 - May 20 and May 23 - May 27. These sessions are ideal for children preparing for a summer swim team. Beginner swimmers are only eligible for one-week sessions when also enrolled in a three-week session. There are no scheduled make-up classes for one-week sessions.

Please complete the application and return it promptly to ensure your spot as classes fill quickly. Looking forward to seeing you soon!

Elizabeth Slattery

LEVEL 1 - BEGINNERS (AGES 2-5)**LEVEL II - ADVANCED BEGINNERS (AGES 3-5)**

Description: Our approach in teaching young children to swim is one of encouragement and development. For first year students, our primary goal is to teach a child how to return to the side of the pool safely if he or she should fall into the pool. Advanced beginners will learn to swim 8-10 feet and take a breath.

Prerequisites & Class Size:

- Age 2 by March of current year
- 4 to 5 students
- One teacher and one assistant
- Three weeks required
- Children may remain at this level for two years.
- Advanced beginners are children who have taken the Level I course and are not ready for intermediate classes due to age or swimming ability.

LEVEL III INTERMEDIATE (AGES 4-7)

Description: The intermediate program focuses on fundamentals, including proper breathing, kicking and form in order to ensure success as the student progresses to learning strokes. The more advanced and older intermediate students are taught diving, freestyle, backstroke and breaststroke.

Prerequisites & Class sizes:

- Age 4 by March of current year
- Completed at least one year of beginner class
- 4-5 students per class
- One teacher and one assistant
- Three weeks required

Additional Considerations:

Some older students who would qualify for the advanced class should consider signing up for the intermediate class if they have had little or no formal swimming lessons or if they are not physically or emotionally ready for the advanced classes. The intermediate class provides focused individual attention.

LEVEL IV - BEGINNER/ADVANCED (AGES 5-8)**LEVEL V - ADVANCED (AGES 8-10)**

Description: These classes teach all strokes, including freestyle, breaststroke, backstroke, and butterfly, diving and racing turns, and treading water over the course of a three-week lesson plan. In addition to technique, these classes build a child's endurance, perseverance, confidence, and love of swimming. We have found that many children perform well on swim teams following this training and have an opportunity to focus on specific skills to improve their success in the swim team environment.

Prerequisites & Class Sizes:

- Age 5 by March of current year.
- Child should be able to swim the length of the pool using proper arm strokes, kicking and breathing (i.e., humming bubbles under the water out of his/her nose)
- Child should be able to float on his/her back
- 5-7 students per class
- One teacher and one assistant
- One, two or three weeks

Additional Considerations:

These classes are best suited for children ages 6-10 with several years of formal swimming lessons. Advanced students may take lessons for one, two, or three weeks. We recommend that 5-8 year olds take for at least two weeks and for three weeks if possible. The cost is \$150 for one week and \$290 for two weeks. Many students who sign up for one or two weeks ultimately want to take the full session because they enjoy it so much and, in most cases, the children need additional training. The class is based on a three-week lesson plan.

Additional Courses Offered (Dates TBD):

- Private lessons
- Youth Beginners (ages 6 - 17)
- Adult Beginners (Novice - no ability to swim)

STEP 1: CHOOSE A SESSION

Please rank your session preference.

Session ____ 1st Choice ____ 2nd Choice

#	Dates	Duration	Cost
1	March 21 - April 8 Make up April 11, 12, 13	3 week	\$385
2	April 18 - May 6 Make up May 9, 10, 11	3 weeks	\$385
3	May 16 - May 20 No make up	1 week	\$150
4	May 23 - May 27 No make up	1 week	\$150
5	June 6 - June 24 Make up June 27, 28, 29	3 weeks	\$385
6	July 6 - July 26 Make up July 27, 28, 29	3 weeks	\$385

STEP 2: CHOOSE A TIME

Rank your top 5 choices, 1 being your first choice.

	9:00 - 9:30		2:10 - 2:40
	9:40 - 10:10		2:50 - 3:20
	10:20 - 10:50		3:30 - 4:00
	11:00 - 11:30		4:10 - 4:40
	11:40 - 12:10		4:50 - 5:20
			5:30 - 6:00